

SQUAMISH TEST OF RUNNING METAL, YEAH!
Waiver for Participants

Release of Liability, Waiver of Claims and Assumption of Risks

By signing this document, you waive certain legal rights, including the right to sue.

I know that participating as a runner in any capacity in the Squamish Test of Running Metal, Yeah! (STORMY) to be held August 7th and 8th, 2010 at Squamish, B.C. (hereinafter called the "Event"). is a potentially dangerous activity and that I should not participate unless I am medically able and properly trained. I attest that I am medically able and properly trained for the event and agree to abide by any decisions of a race official relative to my ability to safely complete the run. I also know that there will often be traffic on running routes. I assume these risks. I also assume any and all risks associated with participating in a such event, including but not limited to, heat exhaustion, dehydration or sunstroke, falls, injury, contact with other participants or persons or vehicles, the effects of the weather, contact with wildlife, lack of water and the condition of the roads or running surface during the day or at night, all such risks being appreciated by me.

Having read and understood the waiver and in consideration of your accepting my entry into the "Event", I hereby, heirs, executors, administrators and assign release, save harmless and indemnify all those persons comprising the group commonly referred to as the "Event" and the said Association, their respective agents, Organizers', Race Director/Owner's, sponsors, volunteers, assigns or anyone else for or on their behalf (the "Releases") from and against any and all existing and future claims, actions, costs, expenses and demands in respect to death, injury, damage, loss or expenses to my person or property, whether foreseen or unforeseen and wheresoever and howsoever caused, arising out of or in the course of my participation in this event notwithstanding that the same may have been contributed to or occasioned by any act or failure to act, including without limitation, negligence of the releases or any of them.

I am aware of, have read, and understand the rules and regulations governing the Event and agree to abide by the same, specifically:

1. I declare that I am nineteen (19) years of age or over, (if the participant is not 19 years of age or over, then this waiver is to be signed by a parent or guardian)
2. That I am solely responsible for my own safety while I am participating in the "Event", and;
3. That I will obey all rules and regulations governing the "Event" and any safety instructions given to me by the "Event" officials.

NAME (PLEASE PRINT) _____

Printed Address of Participant _____

SIGNATURE (PARENT OR GUARDIAN IF UNDER 18) _____

DATE _____

Emergency Contact (Name & Phone) _____